

BREADS

	Non Mem.	Members	Points
Freshly Baked Garlic Bread (v)	9	8	600
Freshly Baked Garlic & Cheese Bread (v)	11	9	800

STARTERS

Soup of the Day	8	6	400
Prosciutto & Rocket Bruschetta Chives, sour cream, balsamic glaze	13	10	800
Prawn Cocktail (nf) Prawns, iceberg lettuce, tomato, avocado, Spanish onion & cocktail sauce	17	15	1500
Crispy Chicken Wings Housemade BBQ sauce	17	15	1500
Salt & Pepper Calamari (gf, nf, df) cabbage & cucumber salad, lemon aioli	13	11	1100
Coconut Crusted Prawns (nf) cabbage & cucumber salad, horseradish marmalade	16	14	1300
Sweet Potato Wedges (v, gf) w/ sriracha mayonnaise	11	10	1000
Wedges (v) w/ sour cream & sweet chilli sauce	11	10	1000

SALADS

Caesar Salad (nf) cos lettuce, crispy prosciutto, anchovy fillets, shaved parmesan, house-made salad dressing, croutons & egg	17	15	1500
Roasted Pumpkin & Beetroot Salad (gf, v) Asian mix salad, feta, maple glazed walnuts, cherry tomatoes, onion & maple mustard dressing	18	15	1500
Asian Noodle Salad (gf) Rice noodles, cabbage, Asian greens, bean shoots, fried shallots & tangy soy dressing	15	13	1300

Add chicken	\$5
Add calamari	\$5
Add prawns	\$6

FAVOURITES

Chicken Parmigiana w/ chips & salad	24	21	1500
Hawaiian Chicken Parma w/ chips & salad	27	23	1500
Chicken Schnitzel w/ chips & salad	21	18	1200
Crumbed Flathead Fillets w/ chips & salad	21	19	1200
Roast of the day (gf) Large	20	18	1800
Small	18	16	1600
Curry of the day	20	18	1800

PIZZA

	Non Mem.	Members	Points
BBQ Meat Lovers (nf) w/ chicken, salami & ham	21	18	1800
Margarita (nf) w/ Napoli sauce, cherry tomatoes, mixed cheeses, oregano and herb pesto	17	15	1500
Hawaiian (nf) w/ ham, pineapple & chopped parsley	20	18	1800

BURGERS & SANDWICHES

Open Steak (180gms) Sandwich on Turkish Bread (nf) w/ bacon, egg, caramelised onion, house-made bbq sauce, sweet potato wedges & onion ring	21	18	1800
Wagyu Burger (nf) (cooked to medium) Aged cheddar, relish, bacon, beetroot & chips	19	17	1700
Southern Fried Chicken Burger w/ coleslaw, tomato, pineapple, spicy mayo & chips	19	17	1700
Vegetarian Burger (v, nf) vegetable pattie, aged cheddar, beetroot, lettuce, tomato relish & chips	19	17	1700

PANS & WOKS

Prawn Linguine (nf) Napoli sauce, parmesan, cherry tomato, rocket & herb oil	29	25	2500
Creamy Chicken Pesto Linguini w/ creamy white wine sauce, tomato & parmesan	25	23	2300
Nasi Goreng (df) Prawns & pork stir fried w/ rice, vegetables & eggs	25	21	2100
Thai Style Chicken Stir-fry mushrooms, basil, rice & shredded omelette	25	21	2100
Vegetable Fried Rice (v) Wok fried Asian vegetables, assorted mushrooms, fried shallots, coriander, bean sprouts & egg	15	12	1200

THE GRILL

Porterhouse 300g (gf, nf)	32	29	2000
Scotch Fillet 300g (gf, nf)	34	31	2000
Barramundi (gf, nf)	29	26	2000
All served w/ chips & salad OR w/ creamy mash potato & chargrilled broccolini & your choice of sauce - red wine jus, mushroom, peppercorn, garlic butter or gravy			
(gf, nf)			
Additional sauces	3	2	
Slow Cooked Beef BBQ Ribs w/ roasted spiced potato, lemon coleslaw corn on cob & chargrilled lemon	35	30	2000
Sumac Pork Loin (gf) Saffron cauliflower mash, chargrilled broccolini, sun-dried tomato & salsa verde	32	29	2000
Oven Baked Salmon w/ mustard & pistachio panko crust, hollandaise sauce, peas pickled fennel & cabbage salad	29	26	2000
Chargrilled Chicken Breast (gf, nf) w/ spinach, roasted pumpkin, seeded mustard jus & crispy prosciutto	29	26	2000

SIDES

	Non Mem.	Members	Points
Roasted vegetables (v, gf)	SM 3.5	LG 6.5	
Roasted potatoes (v, df, gf)	SM 3.5	LG 6.5	
Chips (gf)	SM 3.5	LG 6.5	
Garden salad (v, gf)	SM 3.5	LG 6.5	
Mashed potato (v, gf)	SM 3.5	LG 6.5	
Battered Onion Rings (v)	SM 3.5	LG 6.5	
Bread roll		50c	

KIDS

Chicken Parmigiana *	9	8	800
Chicken Schnitzel*	9	8	800
Roast w/ Vegetables* (gf)	9	8	800
Fish & Chips*	9	8	800
Chicken Nuggets & Chips*	9	8	800
Pasta Napoli* (v)	9	8	800
Chicken Linguini w/ Napoli Sauce* (nf)	9	8	800

*All kids meals include complimentary soft drink or \$2 Frinkle discount (only valid for kids 12 & under)
All chips are gluten free

Please note that any requested changes to the menu or specials will incur additional charges

(v) = vegetarian (df) = dairy free (nf) = nut free
(gf) = gluten free (gfo) = gluten free option
Please advise staff of any allergies when ordering.

WINE OF THE MONTH

Member Bonus. Purchase of any item from 'THE GRILL' and get a glass of Preece Chardonnay or Shiraz for only \$5.

Available for a limited time

PREECE
WINE OF MITCHELTON

DECEMBER SPECIALS

Monday and Tuesday Night Tbone Steak (Available until 21st December)
Members: \$10 Non-Members: \$20

Wednesday to Saturday Night Seafood Platter for Two (available until 24th December)
Members: \$55 Non-Members: \$70

Not a member of Echuca/Moama's premier entertainment venue? Start saving today.
Moama Bowling Club memberships from just \$5 are now available. See Customer Service for more details.

Wines

	Glass Mem.	Non Mem.	Bottle Mem.	Non Mem.
Sparkling				
Mitchelton The Victorian NV Sparkling <i>Central Victoria</i>	5.5	6.5	27	32
Tobacco Road Prosecco <i>King Valley</i>	6	7	30	35
Whites				
Hartog's Plate Moscato <i>Western Australia</i>	5.5	6.5	27	32
3 Tales Sauvignon Blanc <i>Marlborough NZ</i>	7	8	35	40
VIVO Sauvignon Blanc <i>Riverina</i>	5	6	24	30
Block 50 Riesling <i>Central Ranges</i>	5.5	6.5	27	32
Dee Vine Estate 'Estate Range' Pinot Grigio <i>Riverina</i>	6	7	28	32
Chain of Fire Chardonnay <i>South East Australia</i>	5.5	6.5	27	32
Sea Urchin Chardonnay <i>Margaret River</i>	6	7	30	35
Preece Chardonnay <i>Yarra Valley</i>	7	8	35	40
Mitchelton The Bend Rosè <i>King Valley</i>	6	7	30	32
Reds				
Preece Shiraz <i>Heathcote</i>	7	8	35	40
DeBortoli Merlot <i>Sth East Australia</i>	5.5	6.5	27	32
Sea Urchin Shiraz <i>Margaret River</i>	6	7	30	35
VIVO Shiraz <i>Riverina</i>	5	6	24	30
Victorian Series Cab Sav <i>Victoria</i>	6	7	28	33
The Carriages Cabernet Merlot <i>Echuca</i>	7	8	35	40
Pocketwatch Pinot Noir <i>Mornington</i>	7	8	35	40

FRINKLE

Frinkle is about doing desserts your way!

Simply choose your ice-cream, yoghurt or other frozen treat. Then select your toppings and your sprinkles.

And Enjoy!

It's for young and old. It's frozen and sprinkled. It's Frinkle.



Receive a \$2 discount off a Frinkle cup with every kids meal from the main menu*



*conditions apply - available during frinkle opening hours

Bistro

menu

